

# Your Personal **SMART** Report



**Insightful**



**Engaging**



**Actionable**

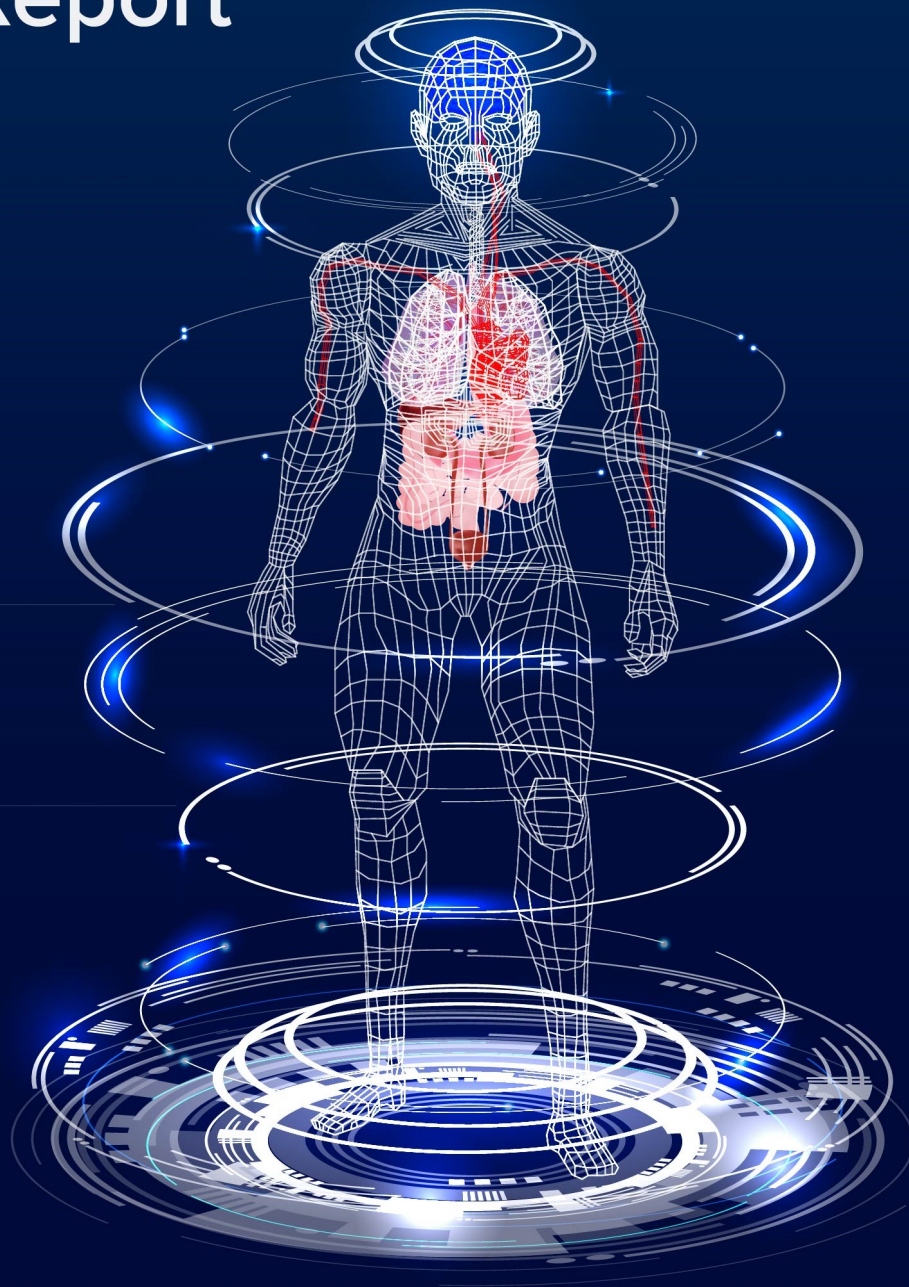
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**Wellwise Platinum - Male**

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**Mr. Neeraj Saxena**

M | 55 Y 11 M 26 D





## Your Health Summary

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085-2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
Max ID/Mobile:	MAXO.65129 / 9899555555	Passport No:	-	Reporting Date:	24/Apr/2025
Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		



### Lipid Profile

+ 1 tests Please Watchout

Test Name	Result
Total Cholesterol	250.6
LDL Cholesterol	173
Triglycerides	129.7



### Liver Profile

Please Watchout

Test Name	Result
LDH	199
SGOT (AST)	74
SGPT (ALT)	122



### Kidney And Electrolyte Profile

Please Watchout

Test Name	Result
Serum Creatinine	0.78



### Vitamin Profile

Please Watchout

Test Name	Result
Vitamin B12	152
Vitamin D (25-Hydroxy)	21.48



### Thyroid Profile

Please Watchout

Test Name	Result
Free T4 (Thyroxine)	0.47
TSH	7.17



### Diabetes Monitoring

Please Watchout

Test Name	Result
HbA1c (Glycosylated Haemoglobin)	6.30
Glycosylated Haemoglobin(Hb A1c) IFCC	45.34



### Blood Counts And Anemia

Please Watchout

Test Name	Result
MCV	82.6
MCH	26.5
RDW	15.6



### Arthritis Screening

All parameters within normal limit

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(CIN No.: U85100DL2021PLC381826)

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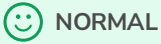
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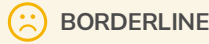
b2b7392021

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### Profile Summary



Blood Clotting, Cardiac Profile, Arthritis Screening, Hepatitis, Prostate Screening



Blood Counts And Anemia, Inflammation, Kidney And Electrolyte Profile, Iron Studies, Liver Profile, Allergy Panel, Urinalysis



Diabetes Monitoring, Lipid Profile, Thyroid Profile, Vitamin Profile

● Normal (N) ● Low (L) ● Borderline (BL) ● High (H) ● No Ref Range



## BLOOD COUNTS AND ANEMIA

Test Name	Result	Unit	Range
● MCV	82.6	fL	83-101
● MCH	26.5	pg	27-32
● MCHC	32.0	g/dL	31.5-34.5
● RDW	15.6	%	11.5-14.5
● Neutrophils	59.6	%	40-80
● Lymphocytes	25.7	%	20-40
● Monocytes	8.9	%	2-10
● Eosinophils	5.4	%	1-6
● Basophils	0.4	%	0-2
● Abs. Neutrophil Count	5.07	10~9/L	2-7
● Abs. Lymphocyte Count	2.2	10~9/L	1-3
● Abs. Monocyte Count	0.76	10~9/L	0.2-1
● Abs. Eosinophil Count	0.46	10~9/L	0.02-0.5
● Abs. Basophil Count	0.030	10~9/L	0.02-0.1
● PERIPHERAL SMEAR	<b>RBC: - Normocytic Normochromic</b> <b>WBC: - Counts within normal limits</b> <b>Platelet: - Adequate</b>		
● Haemoglobin	14.2	g/dL	13-17
● Haematocrit	44.3	%	40-50
● Total Leukocyte Count	8.5	10~9/L	4-10



## BLOOD COUNTS AND ANEMIA

Test Name	Result	Unit	Range
● RBC count	5.37	10~12/L	4.5-5.5

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### BLOOD CLOTTING

Test Name	Result	Unit	Range
● Platelet Count	185	10~9/L	150-410
● MPV	10.5	fl	7.8-11.2



### DIABETES MONITORING

Test Name	Result	Unit	Range
● HbA1c (Glycosylated Haemoglobin)	6.30	%	< 5.7
● Glycosylated Haemoglobin(Hb A1c) IFCC	45.34	mmol/mol	0-39
● eAG (Estimated Average Glucose)	134.11	mg/dL	
● Average Glucose Value(Past 3 Months IFCC)	7.43	mmol/L	
● Blood Sugar (Fasting)	97.5	mg/dl	74-99



### CARDIAC PROFILE

Test Name	Result	Unit	Range
● Creatine-Kinase	134	U/L	0-171
● HsCRP	1.73	mg/dL	
● Apo A	146	mg/ dL	110-170
● Apo B	132	mg/dl	60-140



### INFLAMMATION

Test Name	Result	Unit	Range
● CRP	16.38	mg/L	0-5

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## KIDNEY AND ELECTROLYTE PROFILE

Test Name	Result	Unit	Range
● Serum Creatinine	0.78	mg/dL	0.9-1.3
● BUN : Creatinine ratio	13.83	Ratio	12-20
● Uric Acid	4.51	mg/dl	3.5-7.2
● Calcium	9.30	mg/dl	8.9-10.3
● Sodium	141.1	mmol/L	136-144
● Potassium	4.15	mmol/L	3.5-5.1
● Chloride	105.00	mmol/l	101-111
● Bicarbonate	28.1	mmol/l	22-29
● Phosphorus	3.80	mg/dl	2.4-4.7
● Blood Urea	23.1	mg/dL	17.12-55.64
● Blood Urea Nitrogen (BUN)	10.79	mg/dl	8-26



## ARTHRITIS SCREENING

Test Name	Result	Unit	Range
● RA factor (quantitative)	<4.4	IU/mL	0-12



## IRON STUDIES

Test Name	Result	Unit	Range
● Iron	65.35	µg/dL	45-182
● UIBC	356.39		
● TIBC	421.74	µg/dL	225-535
● % Saturation Transferrin	15.5	%	17-37
● Ferritin	54.1	ng/mL	23.9-336.2

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## LIVER PROFILE

Test Name	Result	Unit	Range
● LDH	199	IU/L	98-192
● Protein (Total)	7.65	g/dl	6.5-8.1
● Albumin	4.2	g/dl	3.5-5
● Globulin	3.5	g/dl	2.3-3.5
● Albumin : Globulin ratio	1.2		1.2-1.5
● Total Bilirubin	0.63	mg/dl	0.3-1.2
● Direct Bilirubin	0.11	mg/dl	0.1-0.5
● Indirect Bilirubin	0.52	mg/dL	0.1-1
● SGOT (AST)	74	U/L	0-50
● SGPT (ALT)	122	U/L	17-63
● AST / ALT Ratio	0.61	Ratio	
● ALP	82	U/L	32-91
● GGT	46.0	U/L	7-50



## HEPATITIS

Test Name	Result	Unit	Range
● HBsAg	Negative		
● HBsAg Test Value	0.07		



## LIPID PROFILE

Test Name	Result	Unit	Range
● Total Cholesterol	250.6	mg/dl	< 200
● HDL Cholesterol	61.8	mg/dl	>40
● LDL Cholesterol	173	mg/dl	0-100
● Triglycerides	129.7	mg/dl	< 150
● VLDL	25.9	mg/dl	0-30
● Non - HDL Cholesterol	188.80	mg/dL	0-130
● HDL : LDL ratio	0.36	Ratio	0.3-0.4
● Total Cholesterol : HDL ratio	4.1	..	0-4.9

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### ALLERGY PANEL

Test Name	Result	Unit	Range
● Phadiatop	46.4	kUA/L	0-0.34



### THYROID PROFILE

Test Name	Result	Unit	Range
● Free T4 (Thyroxine)	0.47	ng/dL	0.58-1.64
● TSH	7.17	μIU/mL	0.38-5.33
● Free T3 (Triiodothyronine)	3.58	pg/mL	2.6-4.2

### PROSTATE SCREENING

Test Name	Result	Unit	Range
● Prostate-Specific Antigen Total	0.58	ng/mL	0-4

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## VITAMIN PROFILE

Test Name	Result	Unit	Range
● Vitamin B12	152	pg/mL	222-1439
● Vitamin D (25-Hydroxy)	21.48	ng/mL	30-100



## URINALYSIS

Test Name	Result	Unit	Range
● Urine Colour	Pale Yellow		
● pH	5.0	..	5-6
● Specific Gravity	1.030		1.015-1.025
● Protein	Neg		
● Glucose in Urine	Neg		
● Ketone	Neg		
● Blood	Neg		
● Bilirubin	Neg		
● Urobilinogen	Neg		
● Nitrite	Neg		
● RBC	Nil	/HPF	
● Leukocytes	1	/HPF	0-5
● Epithelial Cells	1	/HPF	
● Casts	Nil	/LPF	
● Crystals	Nil	..	

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## Blood Counts And Anemia

Name: Mr. Neeraj Saxena  
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Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085~2  
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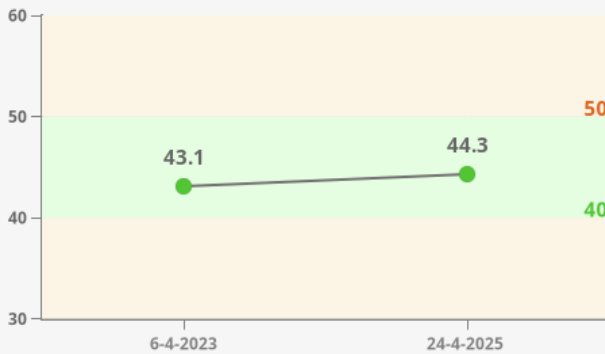


### Constituents of your blood

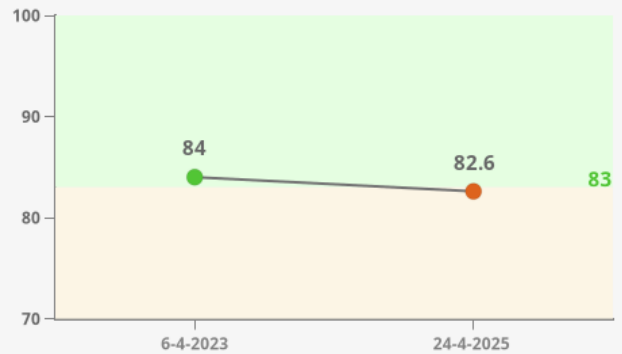
CBC is a group of blood tests that evaluates the cells circulating in blood, including RBC, WBC and platelets. CBC can detect a variety of diseases like anaemia, infections and blood cancers.

### Your results

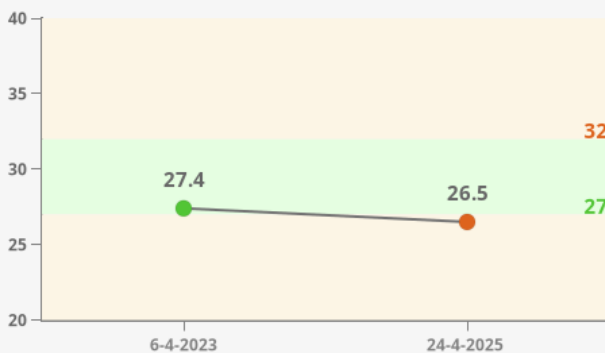
Haematocrit: 44.3%



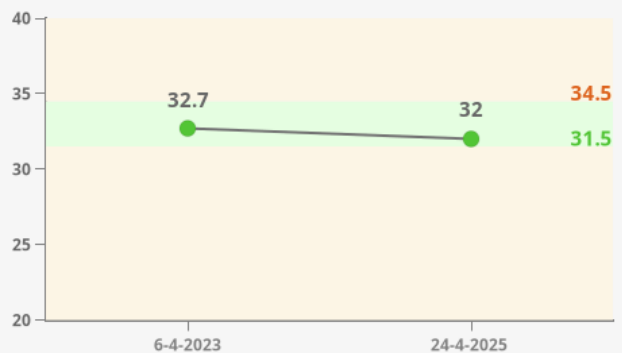
MCV: 82.6 fL



MCH: 26.5 pg



MCHC: 32.0 g/dL



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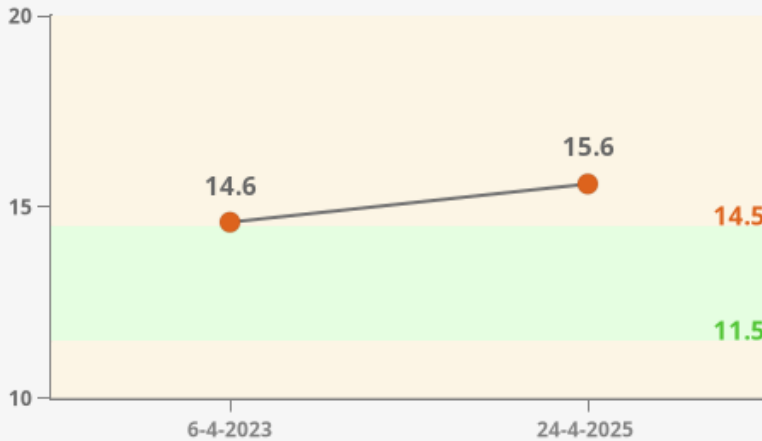
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RDW: 15.6%

● HIGH


☐ Red cell Distribution Width-Coefficient of Variation

TEST NAME	Lymphocytes	Monocytes	Neutrophils	Eosinophils	Basophils
RANGE	20-40 (%)	2-10 (%)	40-80 (%)	1-6 (%)	0-2 (%)
6 Apr 23	<div><div></div></div> 28.6	<div><div></div></div> 8.1	<div><div></div></div> 57.4	<div><div></div></div> 5.1	<div><div></div></div> 0.8
24 Apr 25	<div><div></div></div> 25.7	<div><div></div></div> 8.9	<div><div></div></div> 59.6	<div><div></div></div> 5.4	<div><div></div></div> 0.4

TEST NAME	Abs. Neutrophil Count	Abs. Eosinophil Count	Abs. Basophil Count	Abs. Lymphocyte Count	Abs. Monocyte Count
RANGE	2.0-7.0 (10~9/L)	0.02-0.5 (10~9/L)	0.02-0.1 (10~9/L)	1.0-3.0 (10~9/L)	0.2-1.0 (10~9/L)
6 Apr 23	<div><div></div></div> 4.19	<div><div></div></div> 0.37	<div><div></div></div> 0.060	<div><div></div></div> 2.1	<div><div></div></div> 0.59
24 Apr 25	<div><div></div></div> 5.07	<div><div></div></div> 0.46	<div><div></div></div> 0.030	<div><div></div></div> 2.2	<div><div></div></div> 0.76

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Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		



### PERIPHERAL SMEAR:

**RBC: - Normocytic Normochromic**

**WBC: - Counts within normal limits**

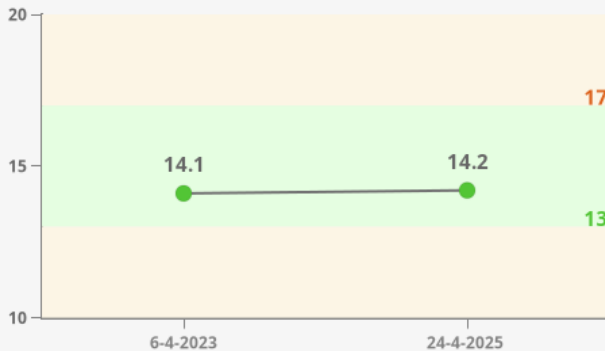
**Platelet: - Adequate**

METHOD: LIGHT MICROSCOPY

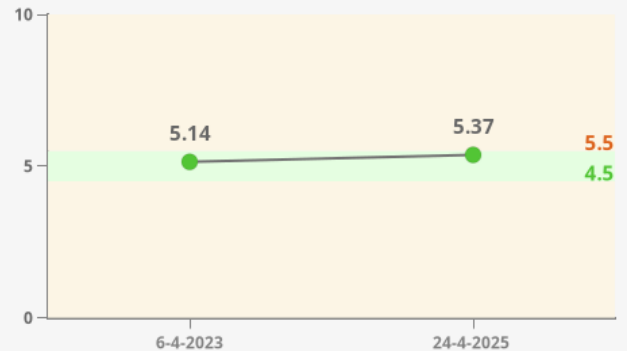
Peripheral Blood smear is examination of blood cells in a stained slide under the microscope by the pathologist. This will check the size and morphology of your platelets. This test will exclude the possibility of some bleeding disorders. It is recommended that morphology of WBC and RBC is also checked, as this will give additional information like proper production of blood cells from bone marrow.



**Haemoglobin: 14.2 g/dl**



**RBC count: 5.37  $10^{12}/L$**



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b2b7392021

## Blood Counts And Anemia

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Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

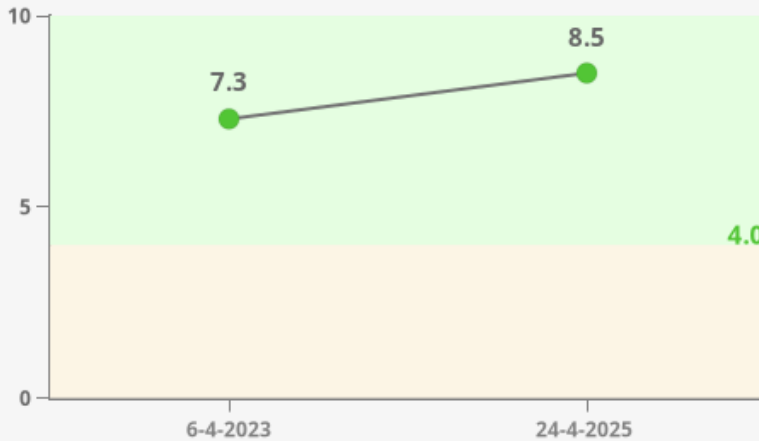
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Collection Date/Time: 24/Apr/2025 12:19PM  
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**Total Leukocyte Count: 8.5** 10~9/L

● NORMAL



- Leukocyte is another name for WBC (white blood cell)
- WBCs are your body's 'defense department' - they respond immediately to infections by visiting the affected site(s) in your body
- Too many WBCs might be because of some infection and too few WBCs also indicates some other problems in your body

## Did you know?

If any of your tests are abnormal, it does not confirm a medical problem. There are several factors like diet, lifestyle, women's menstrual cycle, medications, etc. Consult your doctor to know more.

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Dr. Preeti Tuli, M.D.  
Associate Director & Quality Manager, Pathology

*Mohini*

Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)

*Vrinda Garg*

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## Blood Clotting

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
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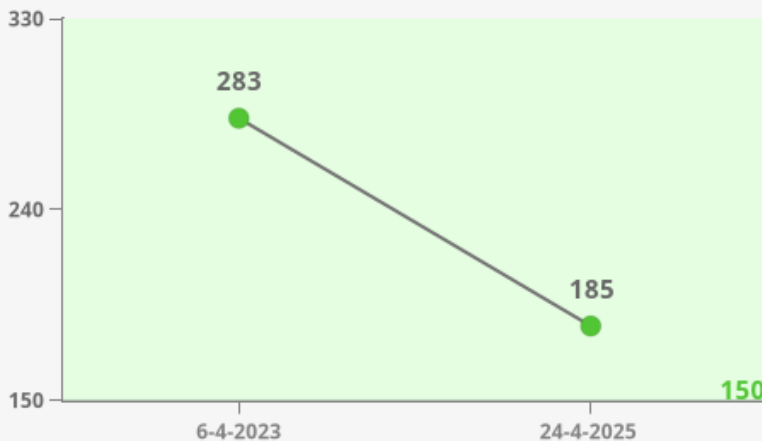
## About Blood Coagulation

A Blood clot is a gel-like collection of blood. When formed on external injury, it seals your wounds and prevents excess blood loss. Blood coagulation(formation of blood clot) is a complex bioprocess involving many factors. Imbalance of these clotting factors causes bleeding problems. Both too little blood clotting and excessive blood clotting are health problems.

## Your results

**Platelet Count: 185** 10~9/L

● NORMAL



○ Platelets may be reduced by intake of few medicines, infections like Dengue and other disorders

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## Blood Clotting

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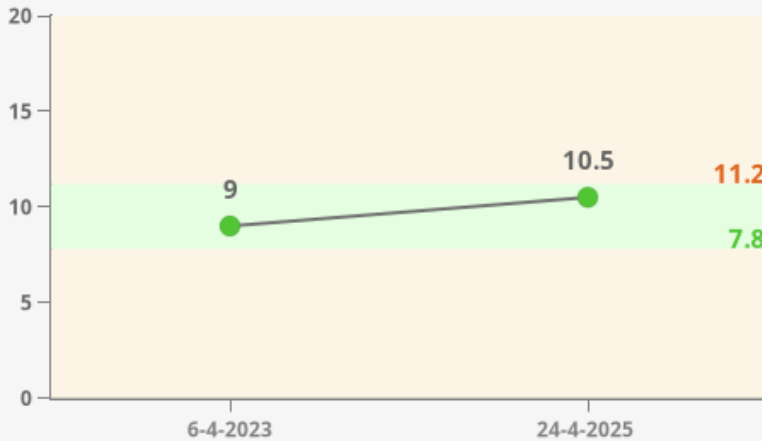
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Collection Date/Time: 24/Apr/2025 12:19PM  
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MPV: 10.5 fl

● NORMAL



○ MPV (Mean Platelet Volume) is the average size of your platelets

### Did you know



A blood clot formed inside your blood vessels is very serious and can even cause a heart attack.

### This profile is done to:



Diagnose bleeding problems-If you bleed a lot after cuts or you get significant easy bruising. If your nose bleeds or if your bleeding from gums take more than normal time to stop.



Check your risk of developing blood clots inside your body- blood clots formed inside your blood vessels can block your vessels.



Check proper functioning of your liver- Normal levels of clotting factors means your liver is producing them properly.

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## Diabetes Monitoring

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Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
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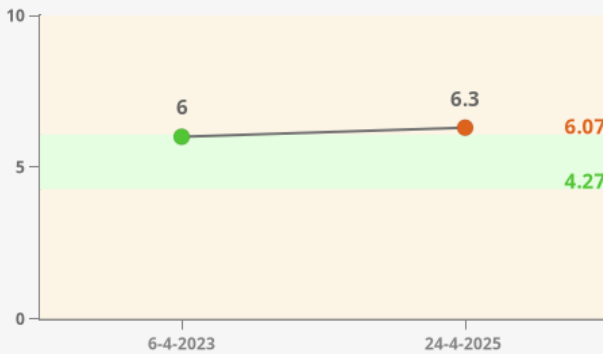


### About Diabetes Panel

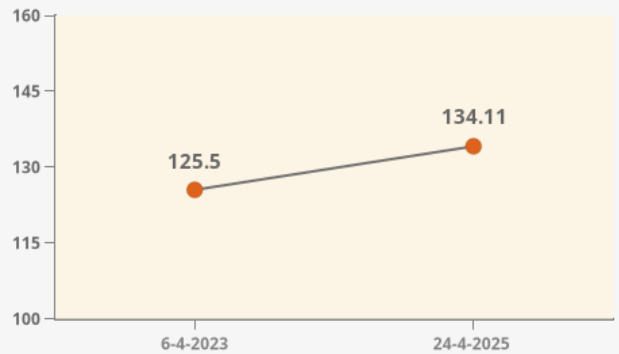
Diabetes panel is used to check how much glucose/ sugar is there in your blood. High level of Glucose levels beyond standard levels increases chances of Diabetes.

### Your Results

**HbA1c (Glycosylated Haemoglobin): 6.30 %**



**eAG (Estimated Average Glucose): 134.11 mg/dL**



**Glycosylated Haemoglobin(Hb A1c) IFCC: 45.34 mmol/mol**

**HIGH**



**Average Glucose Value(Past 3 Months IFCC): 7.43 mmol/L**



b2b7392021

## Diabetes Monitoring

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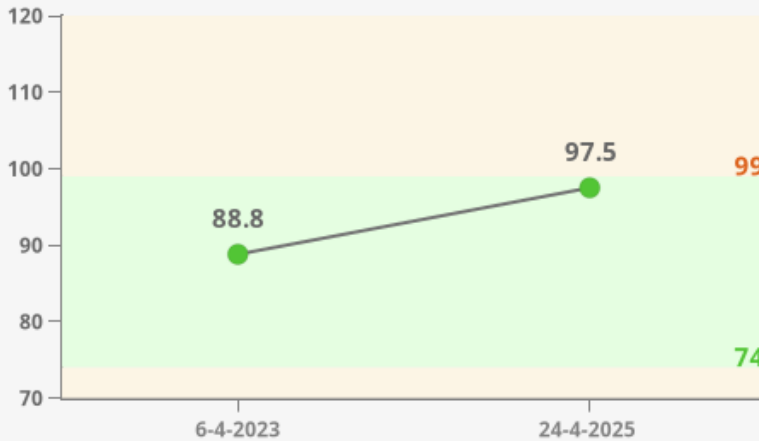
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**Blood Sugar (Fasting): 97.5 mg/dl**

● NORMAL



- It is measured as Glucose
- Glucose is derived from carbohydrates in the diet (grains, starchy vegetables, and legumes)
- It is a source of energy
- Pathologically increases in Shock, Burns, Diabetes Mellitus, Gigantism, Acromegaly, Pancreatic disease etc

Some lifestyle changes can help keep your blood sugar levels in control



EAT LOW SUGAR FOODS THAT ARE MINIMALLY PROCESSED

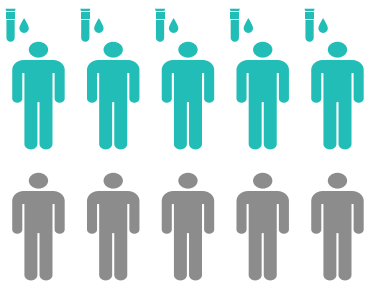


EXERCISE REGULARLY



TAKE MEDICATIONS AS PER YOUR HEALTHCARE PROVIDER'S RECOMMENDATIONS

## Importance of test



Out of 10 Indians who already have diabetes, 5 of them *don't even know* that they have diabetes.

## Diabetes Myths



**Does diabetes happen ONLY because of sugar?**

No. If you don't eat sugar or sweets, but still eat a lot of unhealthy foods, you can gain too much weight. That can also lead to diabetes.

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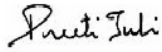
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## Diabetes Monitoring

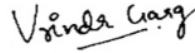
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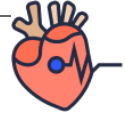
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## Cardiac Profile

Name: Mr. Neeraj Saxena  
Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

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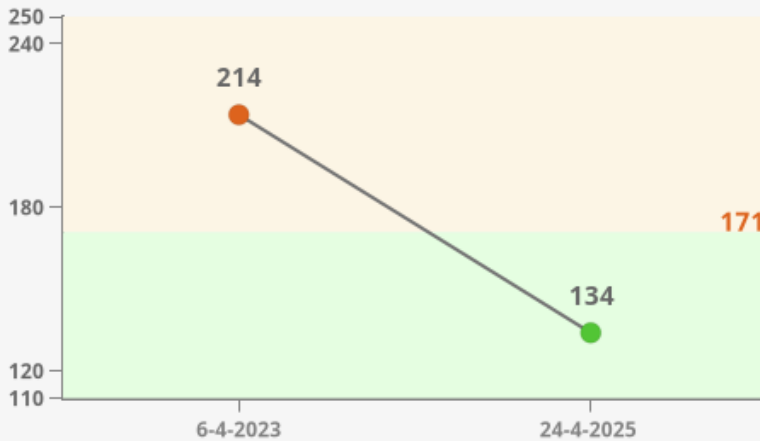


## Cardiac Profile

Most people believe they are safe from heart diseases, but in reality, heart diseases are the leading cause of death in the world. There are many different forms of heart disease. Narrowing or blockage of the coronary arteries is the most common cause of heart disease, which are the vessels that supply blood to the heart. This is called coronary artery disease and it occurs slowly over time. It is the main cause of heart attacks.

**Creatine-Kinase: 134<sub>U/L</sub>**

● NORMAL



- Creatine Kinase is present in muscle tissues of heart, brain and skeletal muscles
- Its level rises when any of the muscles in these tissues are damaged

**HsCRP: 1.73<sub>mg/dL</sub>**

METHOD: IMMUNO-TURBIDIMETRIC TEST (LATEX)

hs-CRP (High Sensitivity C-reactive protein) is a very sensitive test as it detects even low grade inflammation as compared to CRP test. Bad cholesterol causes not only blockage but damage to the blood vessel which results in inflammation.

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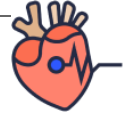
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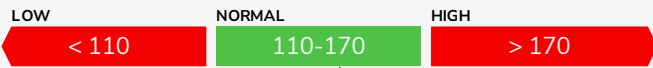
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**Apo A: 146** mg/dL

NORMAL ●

METHOD: IMMUNOTURBEDIMETRIC

Lipids cannot alone dissolve in the blood, they are transported with the help of a protein called apolipoprotein. These proteins combine with lipids -- for e.g APO A is the main protein component of HDL. Deficiency of APO A indicates risk of developing heart disease especially when HDL levels are low.



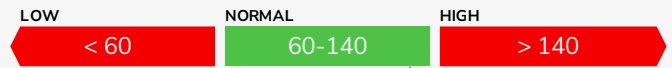
You: 146

**Apo B: 132** mg/dL

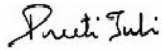
NORMAL ●

METHOD: IMMUNOTURBEDIMETRIC

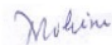
Apolipoprotein B is the main protein component of VLDL and LDL -- since these are bad cholesterol, high APO B might also be cause of concern.



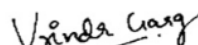
You: 132



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## Inflammation

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## About

In simple words inflammation is your immune system's response against infections, allergens and cell injury. Inflammation can affect any organ of your body and it generally causes redness, swelling and heat in the affected part. Inflammation can be acute (for a short period of time, for example in infection) or chronic (for a very long period of time or permanent, for example in arthritis).

Excessive and persistent inflammation is damaging for your body. Chronic inflammation is associated with non-alcoholic fatty liver disease, diabetes, inflammatory bowel disease, asthma and autoimmune diseases etc

Being aware of your inflammatory status is the first step towards preventing yourself from complications of chronic inflammation. Remember, some chronic inflammations can even increase chances of developing cancers.

## Your results

**CRP: 16.38**mg/L

METHOD: LATEX PARTICLE IMMUNOTURBIDIMETRIC

CRP is a glucose bound protein helping in detecting septicemia, meningitis and to assess the activity of inflammatory diseases like rheumatoid arthritis. It is increased after Heart Attack, stress, trauma, infection, inflammation, surgery, or cancer.

● **HIGH**



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## Inflammation

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### Anti-inflammatory Diet



Incorporate chia seeds, sesame seeds, almonds, walnuts, sunflower seeds, avocados, olive oil, fatty fishes such as salmon, sardines and tuna, poppy seeds and flax seeds in your diet- These are rich in PUFA and MUFA and help lower inflammation.



Take yoghurt daily, especially with lactobacillus- Probiotics like yoghurt reduces levels of inflammatory cytokines in your body.



Substitute green tea for coffee



Black pepper, ginger, garlic and haldi should be added to the food- all these are antiinflammatory. Black pepper increases bioavailability of curcumin from turmeric

### Lifestyle tips



Identify the cause which triggers inflammation in your body- In inflammatory diseases like asthma, exposing yourself to allergens can cause medical emergencies.



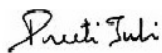
Enjoy sitting or walking outdoors in some sunshine. Sunshine will produce vitamin D in your body and this vitamin has an important role in promoting a healthy immune system. Healthy immune system means a lower chance of developing inflammatory and autoimmune disease. Maintaining sufficient vitamin D in your body will protect you from developing cancers in old age



Intermittent fasting has shown to reduce inflammation



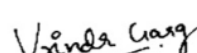
Exercise or practise yoga to control your obesity- Reducing harmful fat deposits in your body will give you some protection from inflammatory diseases.



Dr. Preeti Tuli, M.D.  
Associate Director & Quality Manager, Pathology



Dr. Mohini Bhargava, MD  
Associate Director(Biochemistry)



Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology



b2b7392021

## Kidney And Electrolyte Profile

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
Max ID/Mobile:	MAXO.65129 / 9899555555	Passport No:	-	Reporting Date:	24/Apr/2025
Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		



### Kidney Function Tests

The kidneys regulate and maintain the constant optimal chemical composition of the blood by filtration, reabsorption and excretion. Renal profile test is useful for screening and diagnosing impaired kidney function. Serum Urea and Creatinine are the most commonly used way of assessing the excretory function of the kidneys, both of which increase in diminished kidney function.

Sodium, potassium, chloride increase after intensive exercise, dehydration, excessive saline or steroid therapy. They decrease in gastrointestinal loss (e.g., vomiting, diarrhoea).

Bicarbonate is increased in poor gases exchange between lungs and blood (Pneumonia, Heart failure, lung destruction), and decreased in over ventilation, diabetes mellitus, renal failure etc.

#### Symptoms that may indicate a problem with your kidneys include:



High blood pressure



Difficulty beginning urination



Blood in the urine



Painful urination



Frequent urges to urinate



Swelling of the hands and feet due to a buildup of fluids in the body

A single symptom may not mean something serious. However, when occurring simultaneously, these symptoms suggest that your kidneys aren't working properly. Kidney function tests can help determine the reason.

You may also need kidney function testing done if you have other conditions that can harm the kidneys, such as diabetes or high blood pressure. They can help doctors monitor these conditions.

### Your Results

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(CIN No.: U85100DL2021PLC381826)

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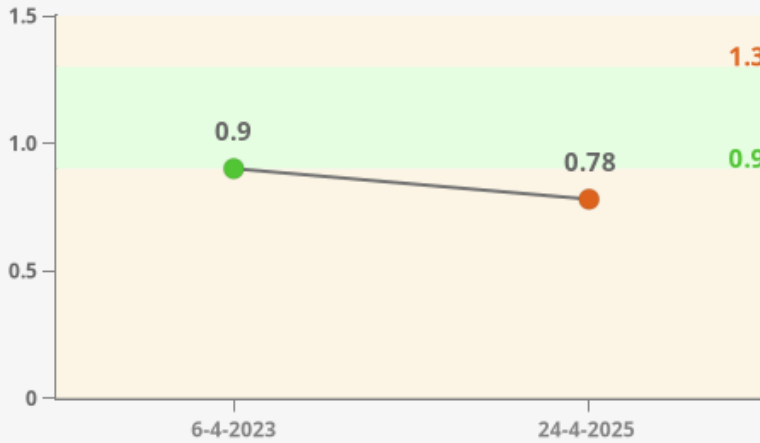
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Serum Creatinine: 0.78 mg/dL

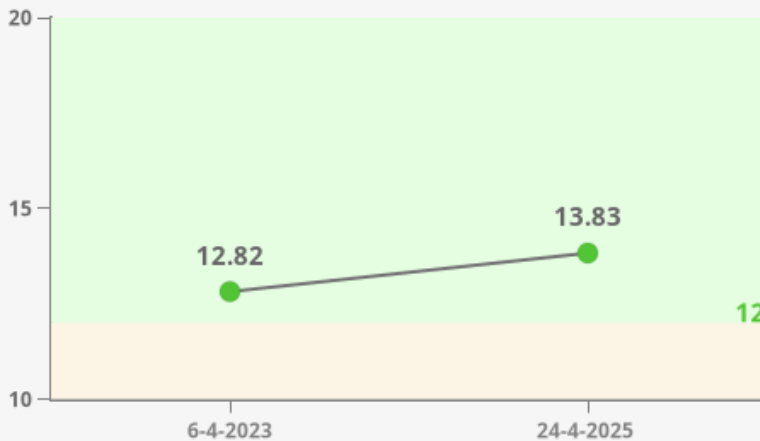
● LOW



- Creatinine is a waste product present in all body fluids and secretions, and is freely filtered by the kidney
- It is produced each day and is related to muscle mass (and body weight)
- It is increased in diminished renal function

BUN : Creatinine ratio: 13.83 Ratio

● NORMAL



- The ideal ratio of BUN to creatinine falls between 10-to-1 and 20-to-1

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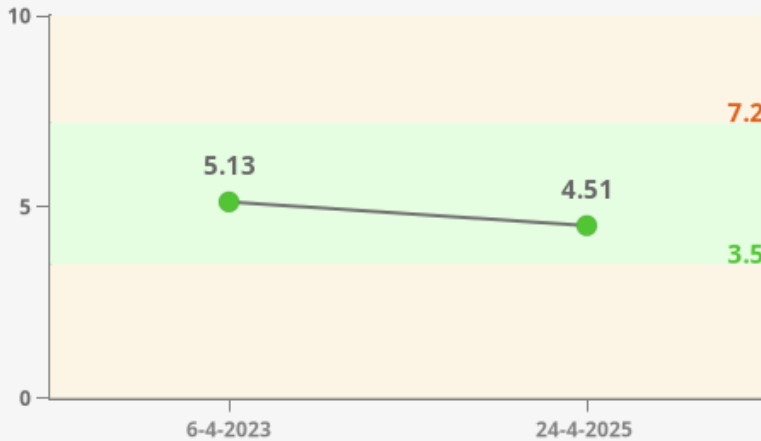
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Uric Acid: 4.51 mg/dl

● NORMAL



- Uric Acid is a breakdown product of genetic material present in cells
- Most of the uric acid excreted is lost in the urine
- Physiologically serum uric acid is increased after severe exercise, after fasting or a high fat diet
- Pathologically is increased in gout, cancer, renal failure etc

### Some causes for a high uric acid level



ALCOHOL, HIGH-FAT DAIRY, FAST FOODS



"CRASH DIETS", OVER-FASTING



CERTAIN MEDICINES - ASK YOUR DOCTOR

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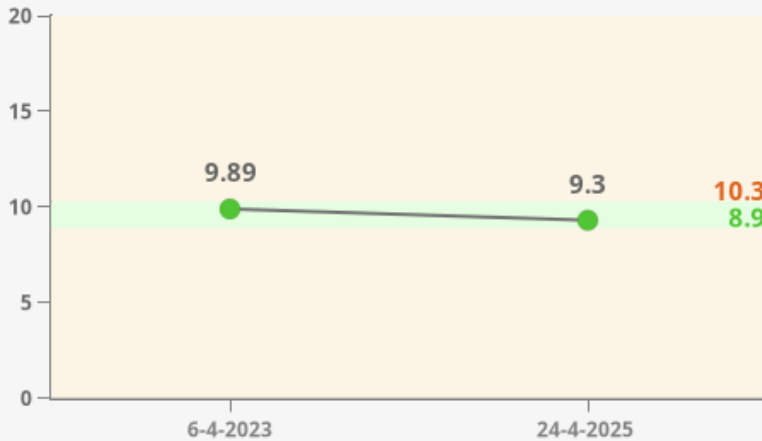
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**Calcium: 9.30** mg/dl

● NORMAL



- Calcium is the mineral vital for bone health
- It is increased in cancer, high vitamin D intake, in chronic renal failure patients, hyperparathyroidism while it is decreased in hypoparathyroidism, vitamin D deficiency, pancreatic disease etc

Some calcium-rich foods include:



DAIRY PRODUCTS, SUCH AS MILK, CHEESE, AND YOGURT, BEANS, FIGS, BROCCOLI, TOFU, SOY



MILK, SPINACH, FORTIFIED CEREALS, NUTS AND SEEDS, INCLUDING ALMONDS AND SESAME SEEDS

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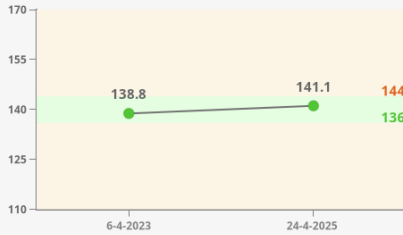
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**Sodium: 141.1 mmol/L**



Sodium plays a key role in your body. It helps maintain normal blood pressure, supports the work of your nerves and muscles, and regulates your body's fluid balance. Both dehydration and retention of excess water in the body causes abnormal levels of sodium. During athletic activity, your body loses sodium through your sweat.

### Foods rich in sodium

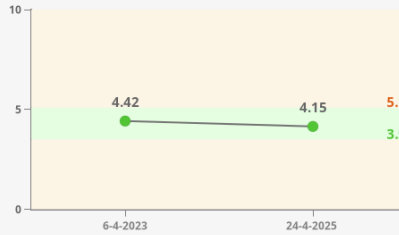


SALT



CHEESE

**Potassium: 4.15 mmol/L**



Eating potassium-rich foods removes excess sodium from the body thus ensuring that your blood pressure doesn't become too high.

### Food sources of potassium

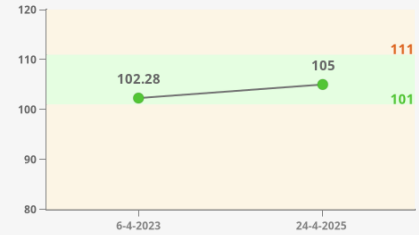


MILK AND DAIRY PRODUCTS



FRUITS(APRICOTS, BANANAS, CITRUS FRUITS)

**Chloride: 105.00 mmol/L**



Chloride helps move fluids in and out of cells in your body. It's also an essential component of digestive juices.

### Food sources of chloride



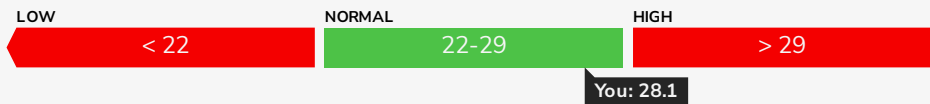
SALT



TOMATOES

**Bicarbonate: 28.1 mmol/L**

METHOD: COLORIMETRIC, PEP-C



● NORMAL





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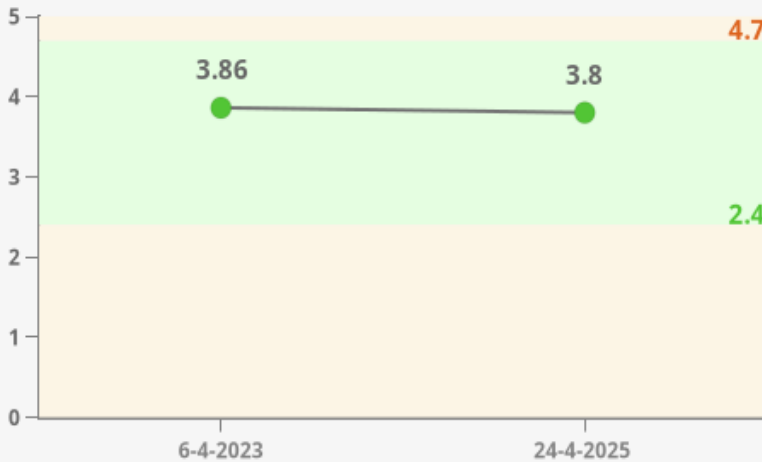
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**Phosphorus: 3.80 mg/dl**

● NORMAL



- Inorganic phosphorus is a major component of bone and plays an important role in the structural support of the body
- They are involved in regulation of metabolism of proteins, fats, and carbohydrates, and are excreted by kidneys
- Increased levels are seen in bone tumors, vitamin D intoxication, healing fractures, renal failure, hyperparathyroidism etc

### Food sources of Phosphorus



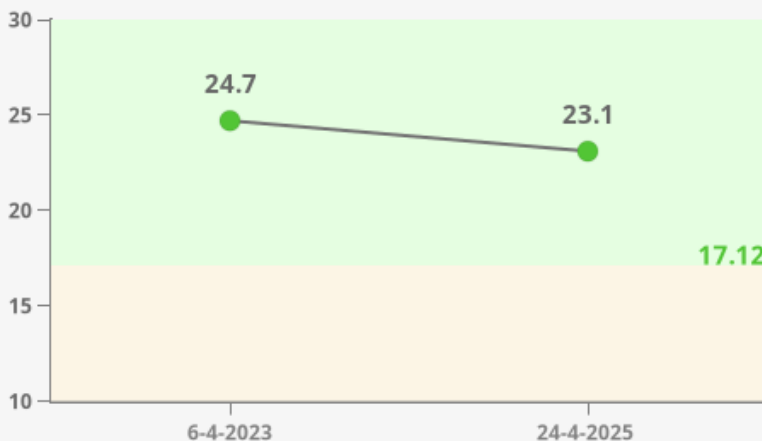
BANANAS



ALMONDS

**Blood Urea: 23.1 mg/dL**

● NORMAL



- Urea is the nitrogenous waste product generated from protein breakdown
- It is eliminated from the body almost exclusively by the kidneys in urine

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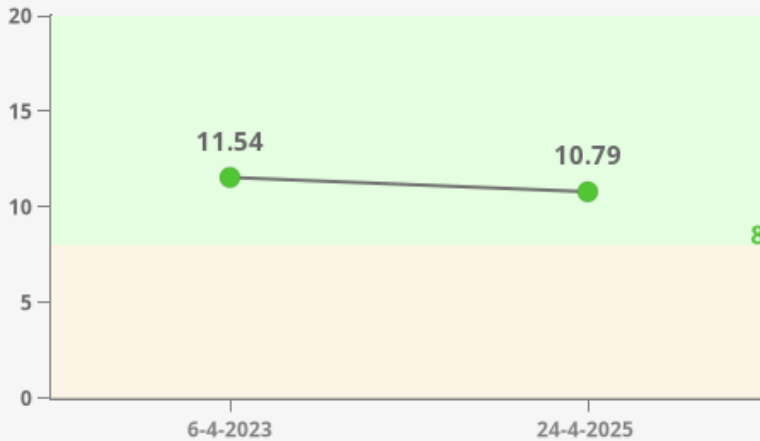
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**Blood Urea Nitrogen (BUN): 10.79 mg/dl**

● NORMAL



○ BUN (mg/dl) = Urea (mg/dl) / 2.1428  
○ Its value depends upon the level of Blood Urea

### Tips



Your kidneys can be ill even if you're fine. Your kidneys can have a disease but your body might not show any effects of that.



Your BP (blood pressure) is an important factor for the health of your kidneys. Your doctor may check your BP - high BP for a long time can damage your kidneys.

*Preeti Tuli*

Dr. Preeti Tuli, M.D.  
Associate Director & Quality Manager, Pathology

*Mohini*

Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)

*Vrinda Garg*

Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology

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## Arthritis Screening

Name: Mr. Neeraj Saxena  
Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085~2  
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## About Arthritis Panel

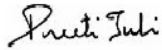
Joints are places in your body where your bones connect, such as wrists, knees, hips. Arthritis is the inflammation (swelling) of joints.

## Your results

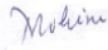
**RA factor (quantitative): <4.4 IU/mL**

METHOD: IMMUNOTURBIDIMETRIC

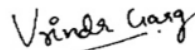
Some proteins produced in your body mistakenly attack perfectly healthy tissues in your own body. This test measures the amount of such protein in your body. Out of all patients who have Rheumatoid Arthritis, 80% of them have high levels of RA factor. ● NORMAL

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Associate Consultant, Pathology



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## Iron Studies

Name: Mr. Neeraj Saxena  
Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085-2  
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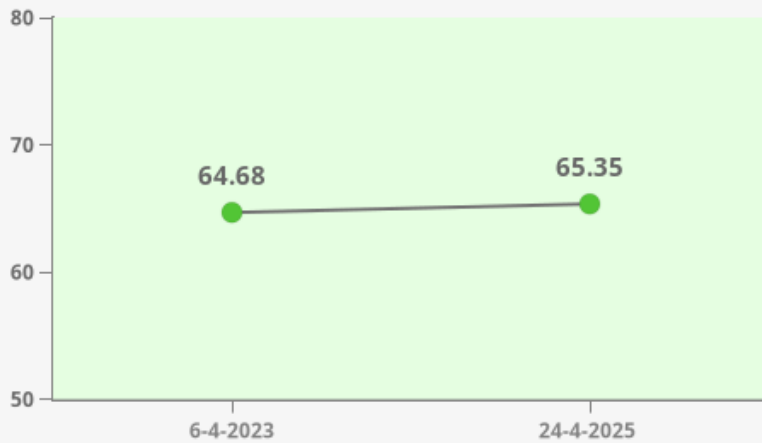
## About Iron Studies

Anemia is the condition where your body has less RBCs (red blood cells) or the RBCs don't have enough haemoglobin. Hemoglobin is an oxygen binding protein inside a RBC. RBCs carry oxygen to different parts of your body. Untreated anemia can lead to heart diseases.

## Your results

Iron: 65.35  $\mu\text{g/dL}$

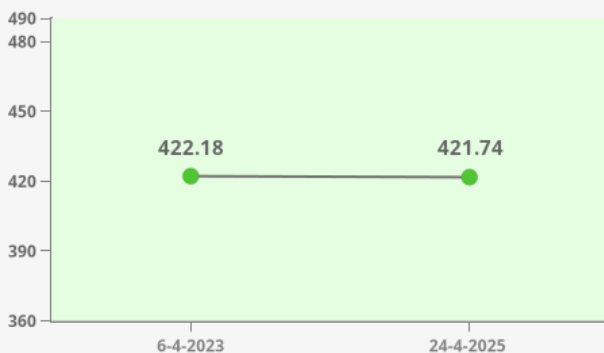
● NORMAL



- Iron is a trace element distributed in the body in a number of different compartments, including hemoglobin, tissue iron etc
- Iron is transported from one organ to another by binding to a transport protein called transferrin

TIBC: 421.74  $\mu\text{g/dL}$

●



UIBC: 356.39

●

This is the measure of reserve iron binding capacity. It measures the amount of transferrin that is free(not bound to iron) and is still available to bind iron.

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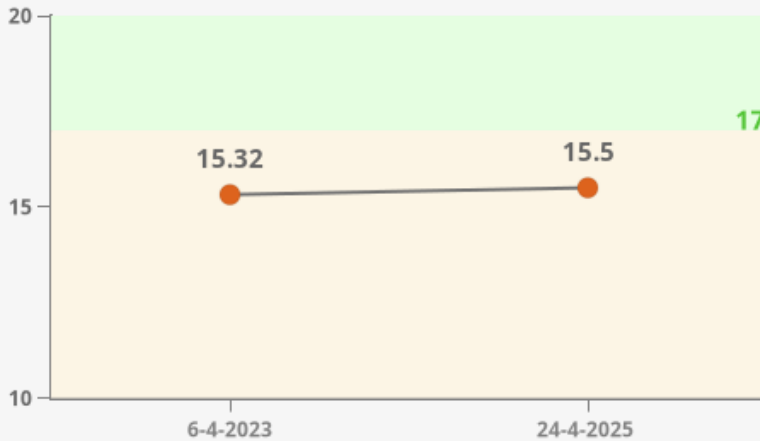
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**% Saturation Transferrin: 15.5%**

● LOW

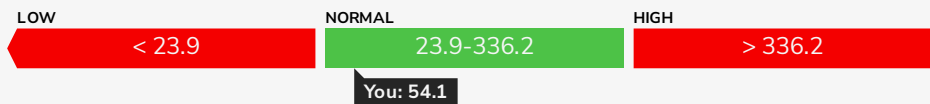


- This test measures the actual iron bound to transferrin in comparison to the maximum iron that can bind to transferrin
- For example a value of 10% means that only 10% of iron binding capacity has been achieved
- This test is used to identify hereditary abnormality in iron metabolism

**Ferritin: 54.1 ng/mL**

METHOD: CLIA

Ferritin is a protein containing iron, concentration of which roughly reflects the body iron content in many individuals. ● NORMAL  
Serum ferritin concentration is a sensitive indicator of iron deficiency. Serum Ferritin concentration is increased in many disorders like infection, inflammatory disorders like rheumatoid arthritis or renal disease etc.



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## Iron Studies

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
Max ID/Mobile:	MAXO.65129 / 9899555555	Passport No:	-	Reporting Date:	24/Apr/2025
Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		



## Overall Diet and Lifestyle to avoid Anemia



Eat plenty of iron-rich foods like green-leafy vegetables, lentils, and beans.



Food rich in vitamin C can improve iron absorption and thus help in preventing iron deficiency anaemia.

This includes fruits such as oranges, strawberries, kiwi and vegetables such as broccoli, cauliflower, sprouts and capsicum.



Eat folate rich foods like fruits, dark green leafy vegetables, green peas, kidney beans(Rajma), black eyed peas(lobia), broccoli, cereals fortified with folate and peanuts.



Avoid drinking tea or coffee with your meals, as they can affect iron absorption.



Take Vitamin A rich foods like red and yellow fruits as this vitamin increases iron absorption from food.



If you are a strict vegetarian then you might be vitaminB12 deficient. This vitamin is naturally present in meat, fish, egg and dairy products. You can try cereals fortified with B12, mushrooms and B12 supplements.

*Preeti Tuli*

Dr. Preeti Tuli, M.D.  
Associate Director & Quality Manager, Pathology

*Mohini*

Dr. Mohini Bhargava, MD  
Associate Director(Biochemistry)

*Vrinda Garg*

Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology

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(CIN No.: U85100DL2021PLC381826)

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## Liver Profile

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## Liver Function Tests

The liver plays an important role in the metabolism, digestion, detoxification, synthesis, storage and elimination of substances from the body.

Bilirubin (Total and Direct) is increased in Hepatocellular damage, hepatic biliary tree obstruction, haemolytic disease and neonatal physiological jaundice.

SGOT/ AST and SGPT/ ALT Increased in viral hepatitis, liver cell injury of any cause, and drug induced injury to liver.

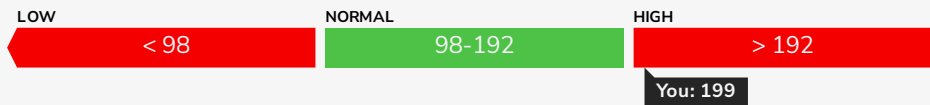
## Your results

**LDH: 199 IU/L**

METHOD: ENZYMATIC

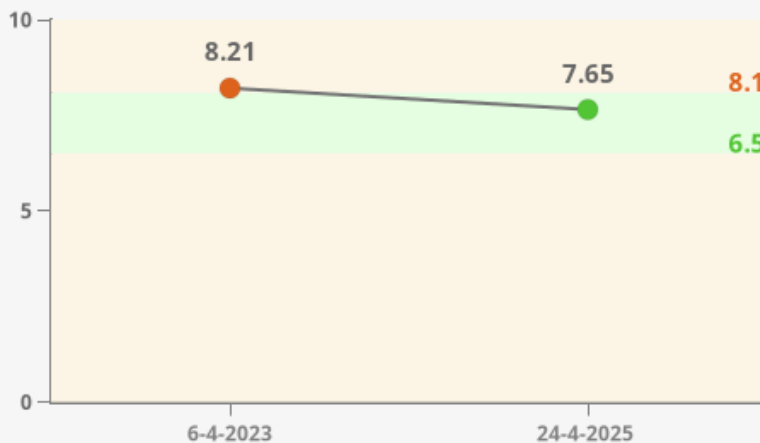
This enzyme is found in many organs, including liver, muscles, kidneys, lungs, and in blood cells and is mainly involved in energy production.

● **HIGH**



**Protein (Total): 7.65 g/dl**

● **NORMAL**



- Proteins help in your overall growth and development and also transport important substances through your blood

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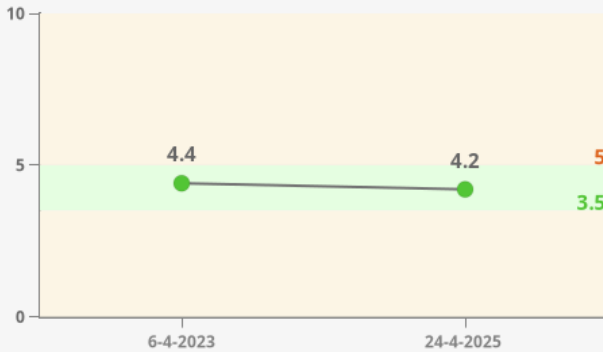
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Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085~2  
Ref Doctor: SELF  
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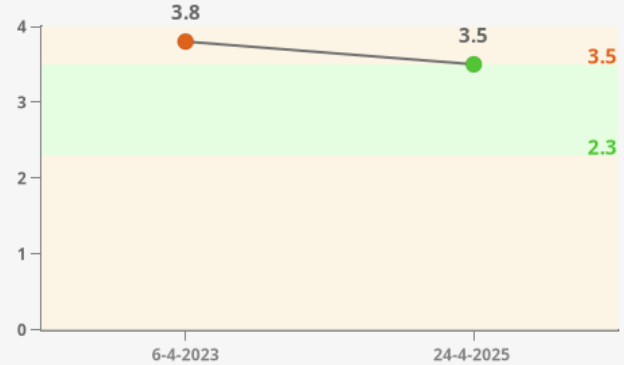
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### Albumin: 4.2 g/dl

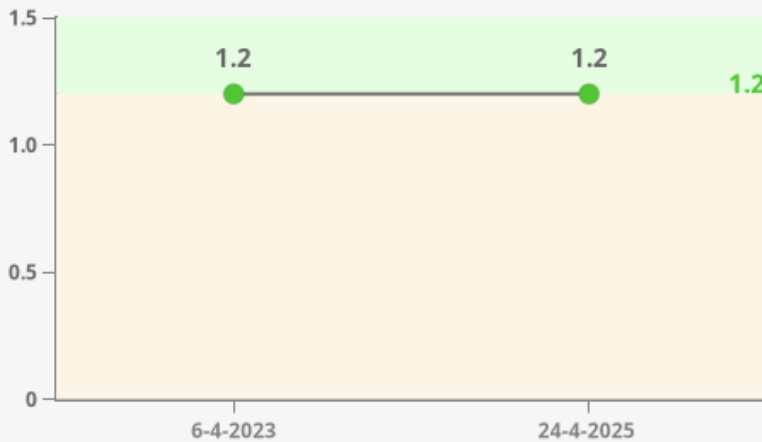


### Globulin: 3.5 g/dl



### Albumin : Globulin ratio: 1.2

● NORMAL



○ Sometimes abbreviated as A/G ratio, this is simply the amount of albumin divided by the amount of globulin

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Centre: 5466 - Max Lab Sector 93 Noida

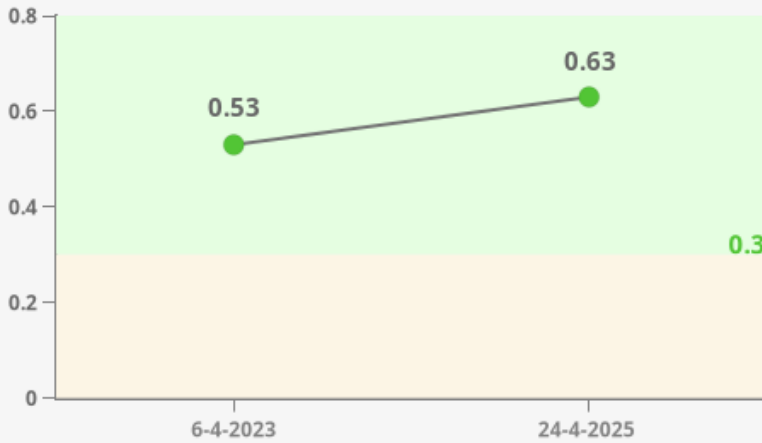
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**Total Bilirubin: 0.63 mg/dl**

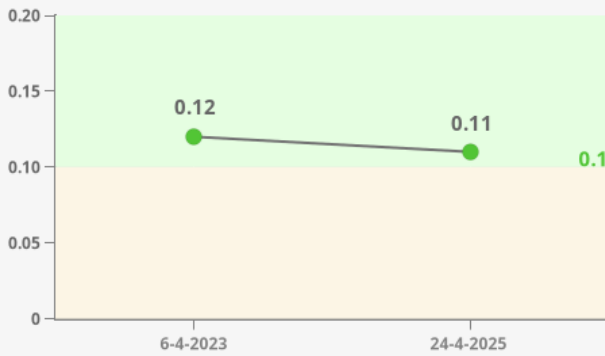
● NORMAL



- Bilirubin is released as a breakdown product formed by the liver from the hemoglobin of old RBCs
- It is of two types-indirect & direct

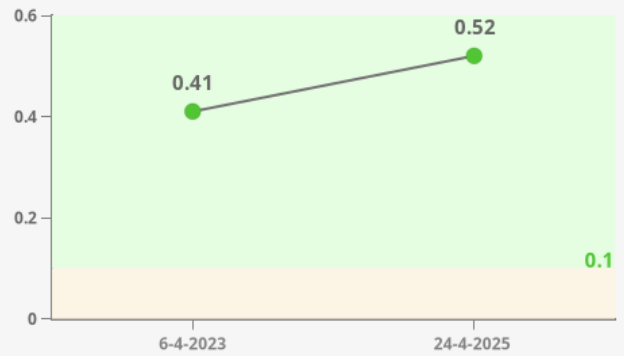
**Direct Bilirubin: 0.11 mg/dl**

●



**Indirect Bilirubin: 0.52 mg/dL**

●



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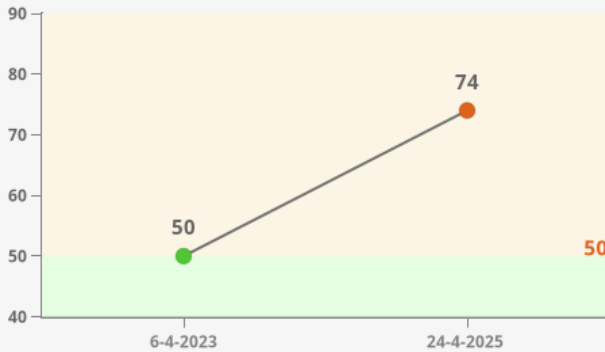
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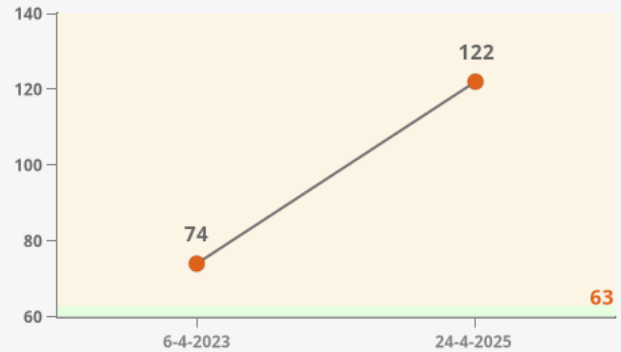
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### SGOT (AST): 74 U/L



### SGPT (ALT): 122 U/L

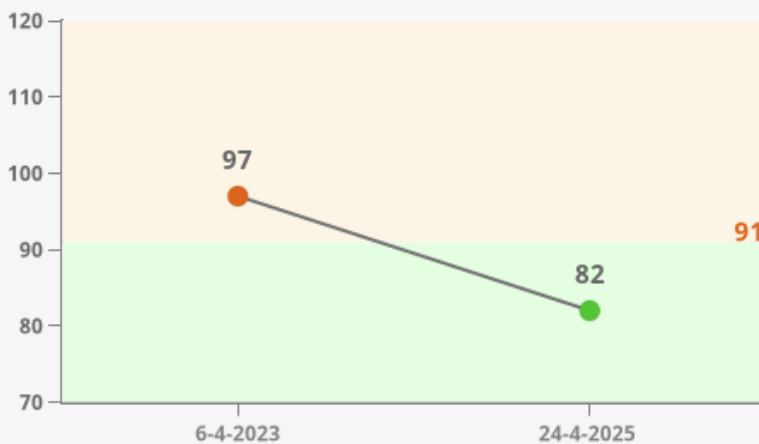


### AST / ALT Ratio: 0.61 Ratio

METHOD: CALCULATED

### ALP: 82 U/L

● NORMAL



- Alkaline phosphatase (ALP) is an essential enzyme found primarily in the liver and bones, but also in small amounts in the intestines, placenta, and kidneys
- Increased in bone formation, bone disease, renal disease, liver disease

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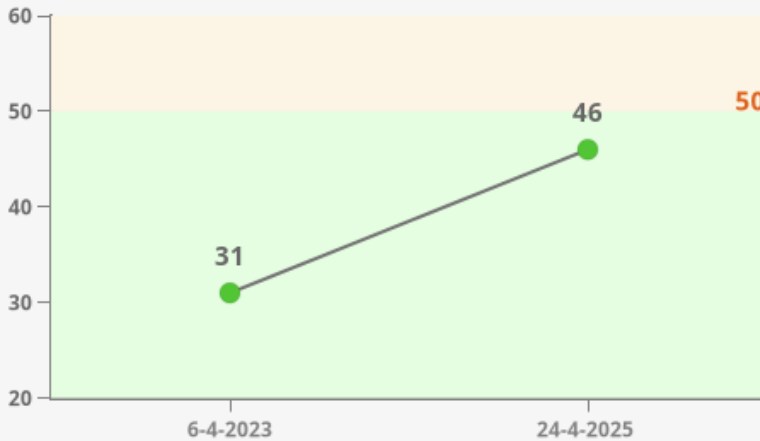
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**GGT: 46.0** U/L

● NORMAL


- GGT (Gamma-Glutamyl Transferase) is the most sensitive enzyme of your liver
- It rises whenever there is an obstruction in the passage between your liver and intestine
- Regular alcohol drinking increases GGT levels

### Some causes for a high GGT level



ALCOHOL, SMOKING



CERTAIN MEDICINES - ASK YOUR DOCTOR

## Tips



**Exercising regularly** uses triglycerides as fuel and keeps your liver healthy.



**Avoid excess alcohol**  
Alcoholic beverages destroy and scar your liver cells.



**Olive oil** is an excellent choice. It accumulates less fat in your liver.

*Preeti Tuli*

Dr. Preeti Tuli, M.D.  
Associate Director & Quality Manager, Pathology

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## Hepatitis

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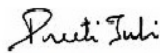


## Hepatitis

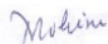
The inflammation of the Liver is called Hepatitis, it's a swelling that occurs because of injury or inflammation in the body tissue. The inflammation can damage your Liver and affect its functions.

### HBsAg: Negative

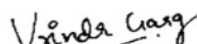
METHOD: CLIA

**HBsAg Test Value: 0.07**

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Associate Director & Quality Manager, Pathology



Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)



Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology



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## Lipid Profile

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
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## About Lipid Profile

Lipids are ubiquitous in body tissues and have an important role in virtually all aspects of life – serving as hormones, aiding in digestion, providing energy storage and metabolic fuels, acting as functional and structural components of cell membranes.

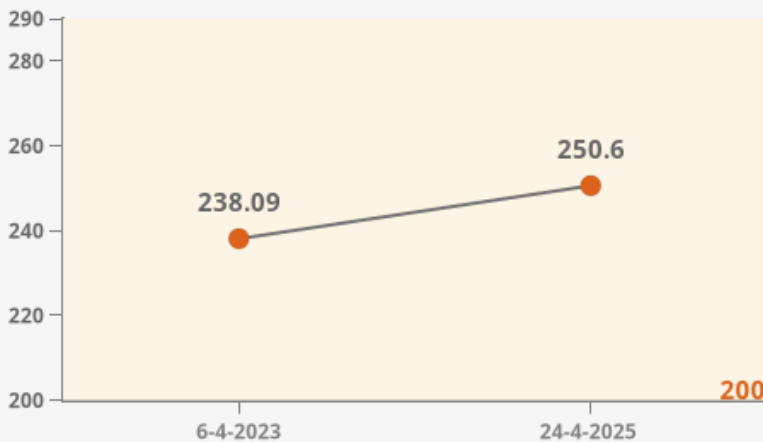
A complete lipid profile is done to determine whether your cholesterol is high and to estimate your risk of heart attacks and other forms of heart disease and diseases of the blood vessels

If your results show that your cholesterol level is high, you might be able to lower your cholesterol with lifestyle changes, such as quitting smoking, exercising and eating a healthy non fatty diet. If lifestyle changes aren't enough, a visit to your doctor and cholesterol-lowering medications will help.

## Your results

**Total Cholesterol: 250.6 mg/dl**

**HIGH**



- High cholesterol is bad for your heart, as high cholesterol combines with other substances to form plaque, which causes obstruction in the arteries (vessels that carry oxygen-rich blood from heart to all the parts of your body)

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## Lipid Profile

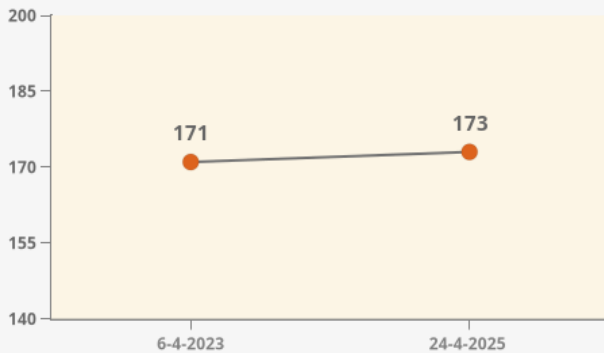
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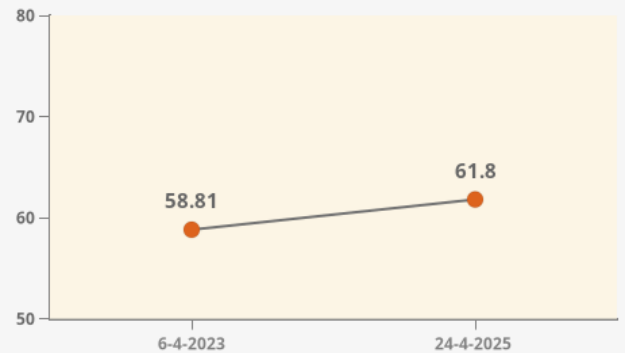
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### LDL Cholesterol: 173 mg/dl

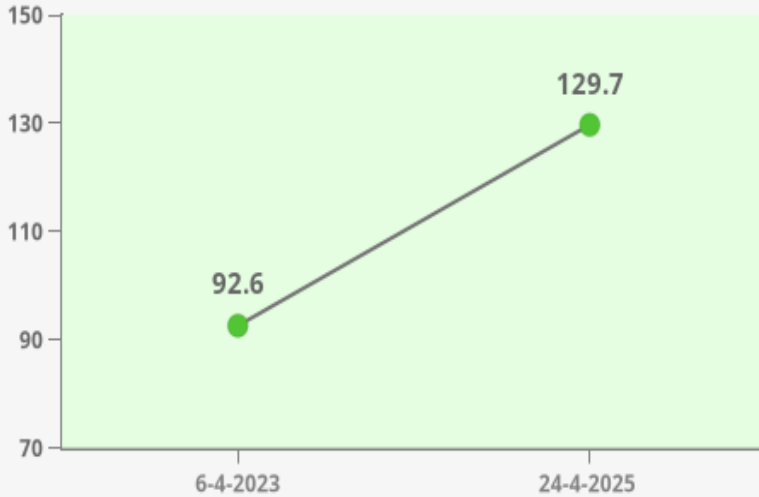


### HDL Cholesterol: 61.8 mg/dl



### Triglycerides: 129.7 mg/dl

● BORDERLINE



- The most common type of fat stored in your body
- Triglycerides rise in your blood after you have a meal - as your body converts energy that is not needed right away - into fat
- Triglyceride is often increased in obesity and type 2 diabetes
- HDL particles are anti-atherogenic appearing to have anti-inflammatory, antioxidant and anticoagulant properties

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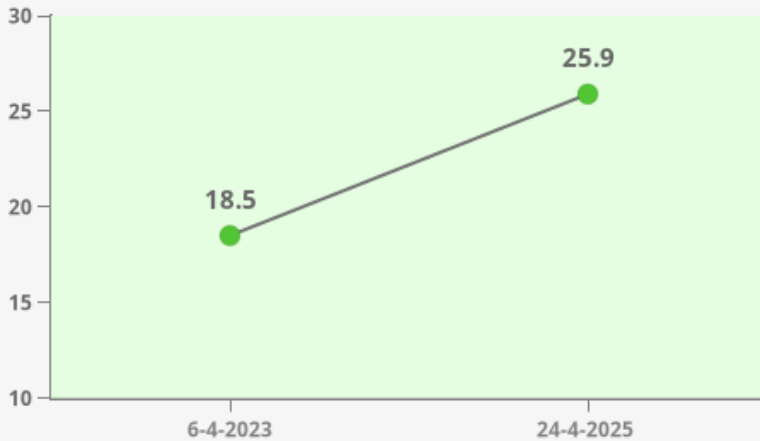
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**VLDL: 25.9 mg/dl**

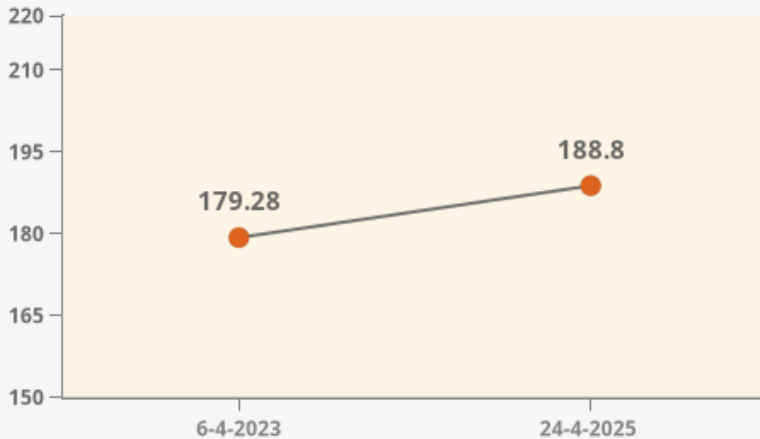
● NORMAL



○ VLDL is made by your liver and is used to carry triglycerides to your tissues

**Non - HDL Cholesterol: 188.80 mg/dL**

● HIGH



- Non-HDL cholesterol is basically your HDL number subtracted from your total cholesterol number
- So, in other words, it's all the "bad" types of cholesterol
- Ideally, you want this number to be lower rather than higher

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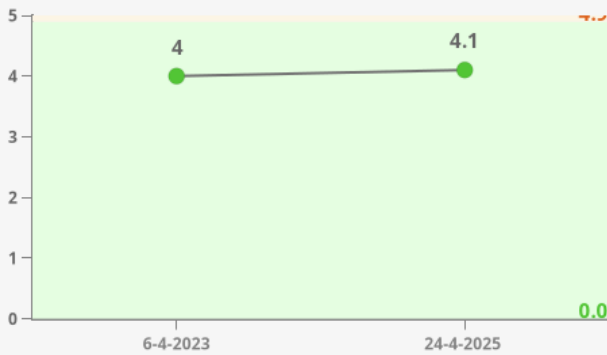
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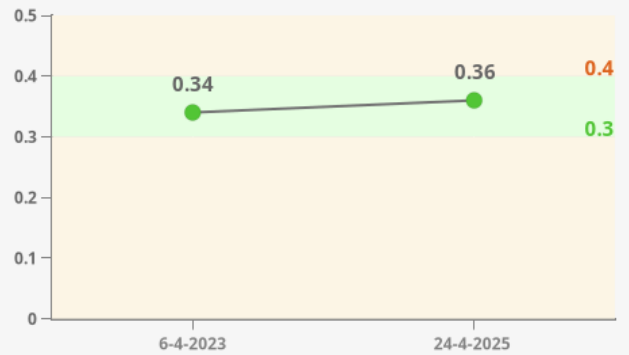
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### Total Cholesterol : HDL ratio: 4.1..



### HDL : LDL ratio: 0.36Ratio



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## Lipid Profile

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
Max ID/Mobile:	MAXO.65129 / 9899555555	Passport No:	-	Reporting Date:	24/Apr/2025
Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		



## Risk Factors

Heart diseases are the leading cause of death in India. It's vital to take preventive measures and get your lipid profile checked regularly.

What are the chances that you might get heart disease? The answer depends on something called *risk factors*. More risk factors means more chances of heart disease. Some risk factors are outside your control and some are in your control.

### Factors outside your control



**People older than age 65** are more prone to heart diseases. Additionally, men are more prone than women.



**If your family has heart disease**, you are also at risk. Indians have a genetic tendency to accumulate fat in the belly.

### Factors in your control



**High BP (blood pressure)** increases the load on your heart. BP can be controlled to reduce the risk.



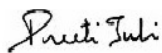
**Regular exercise** keeps the heart healthy. It should be moderate to vigorous physical activity.



**In case you are overweight**, reducing your weight helps reduce your cholesterol.



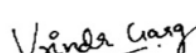
**Diabetes patients** also risk having heart disease because high blood glucose over a long period of time damages the blood vessels and nerves in your body.



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Associate Director & Quality Manager, Pathology



Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)



Dr. Vrinda Garg, M.D.  
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## Allergy Panel

Name: Mr. Neeraj Saxena  
Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085~2  
Ref Doctor: SELF  
Passport No: -  
OP/IP No: /

Collection Date/Time: 24/Apr/2025 12:19PM  
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## Allergy Panel

**Phadiatop: 46.4 kUA/L**

METHOD: FLUOROENZYME IMMUNOASSAY



● HIGH

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Associate Director & Quality Manager, Pathology

Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)

Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology



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## Thyroid Profile

Name: Mr. Neeraj Saxena  
Age/Gender: 55 Y 11 M 26 D / M  
Max ID/Mobile: MAXO.65129 / 9899555555  
Centre: 5466 - Max Lab Sector 93 Noida

Lab ID: 4750042500085~2  
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### About Thyroid Profile

It is a group of tests that helps to evaluate the functioning of thyroid gland and to help diagnose the disorders of thyroid.

These tests measure the levels of thyroid hormones such as freeT<sub>3</sub>, freeT<sub>4</sub> and TSH in the blood.

Hypothyroidism is a condition having low Free T<sub>3</sub>, Free T<sub>4</sub> levels and increased TSH levels while Hyperthyroidism is a condition having increased levels of free T<sub>3</sub>, Free T<sub>4</sub> and decreased levels of TSH.

### Foods to eat in hypothyroidism



Eggs, Meat, Fish, Vegetables, Fruits including all meats, including lamb, beef, chicken, etc.



**Fruits:** including bananas, oranges, tomatoes..



**Gluten-free grains and seeds:** rice, quinoa, chia seeds, and flax seeds

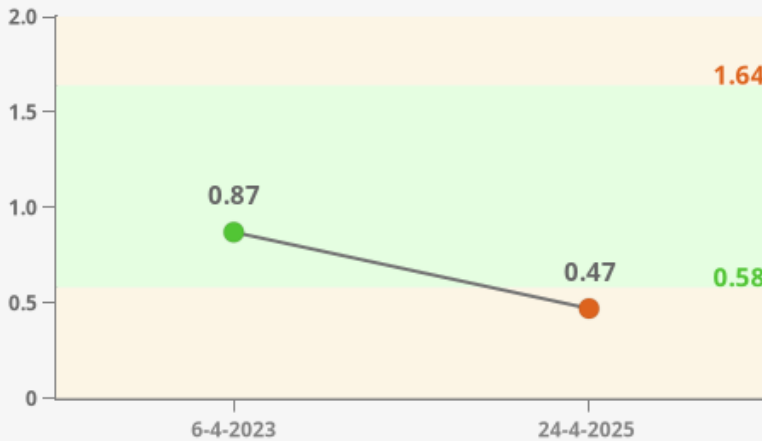


**Dairy:** all dairy products, including milk, cheese, yogurt, etc.

### Your Results

Free T<sub>4</sub> (Thyroxine): 0.47 ng/dL

● LOW



- T<sub>4</sub> also called Thyroxine is a hormone secreted by thyroid gland
- It is increased in Hyperthyroidism and decreased in patients with decreased thyroid levels (Hypothyroidism)

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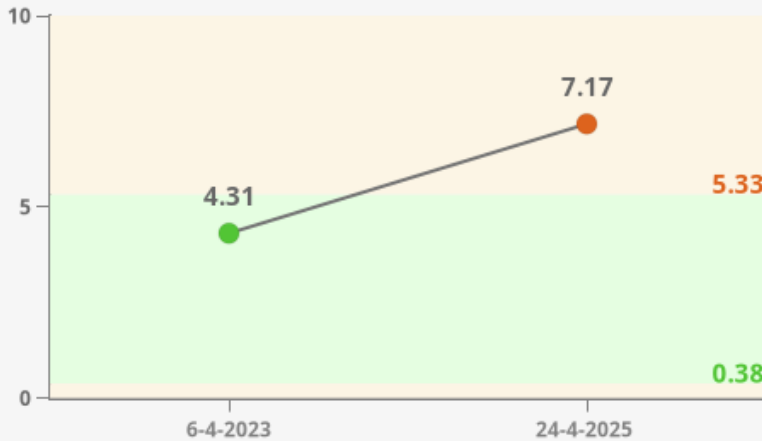
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**TSH: 7.17**  $\mu\text{IU/mL}$

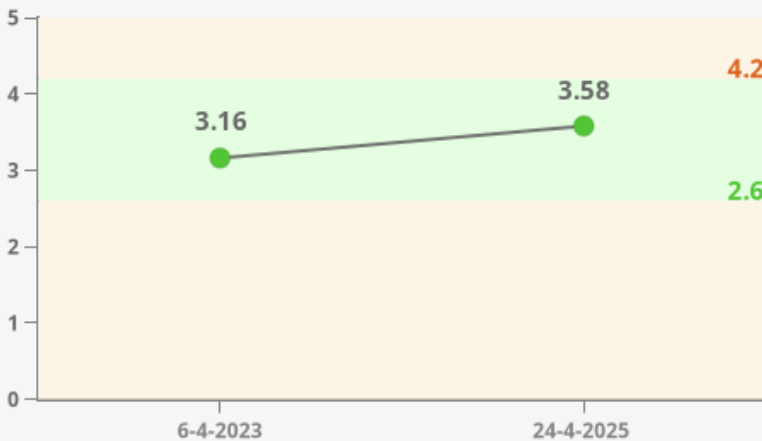
● HIGH



- Thyroid Stimulating Hormone (TSH) or Thyrotropin, is hormone synthesized by Pituitary gland
- It promotes the growth of thyroid cell and sustains and stimulates the hormonal secretion of  $T_3$  and  $T_4$
- TSH is Increased in primary Hypothyroidism

**Free T3 (Triiodothyronine): 3.58**  $\text{pg/mL}$

● NORMAL



- Triiodothyronine, also known as  $T_3$ , is a thyroid hormone
- It affects almost every physiological process in the body, including growth and development, metabolism, body temperature, and heart rate

## Thyroid disorders

**Hypothyroidism:** Caused by reduced production of thyroid hormones in your body, this leads to unintentional weight gain, fatigue, slow heart rate.

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**Hyperthyroidism:** Caused by increased production of thyroid hormones in your body, this leads to unintentional weight loss, nervousness, rapid heart rate.

### Risk Factors



**Genetic:** If your family has thyroid disease, you are also at risk. Additionally, patients of auto-immune diseases -- like Type-1 diabetes -- are also at risk.



**Gender:** Women are more prone to thyroid diseases as compared to men. Additionally, pregnant women are at a slightly higher risk.

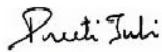
### Tips



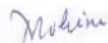
**Over-stressing** slows down your thyroid function and is unhealthy. Get enough *sleep breathing techniques* and *meditation* to relax yourself.

**Yoga postures** like *bow pose*, *bridge pose*, *camel pose*, *cobra pose* and *fish pose* have shown good results in thyroid patients.

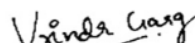
**Diet:Food items** such as *yogurt,milk,nuts,berries* should be taken.**Reduce** the intake of *soy and soy products*.Avoid gluten and processed foods as much as possible.



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## Prostate Screening

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
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Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		

## Prostate Screening

### Prostate-Specific Antigen Total: 0.58 ng/mL

METHOD: CLIA

PSA is a glycoprotein produced by the prostate gland. It is secreted to liquify the seminal coagulum, and it is also found ● NORMAL in blood.

PSA serves as an excellent cancer marker in prostate cancer screening, diagnosis, prediction of cancer risks and recurrence.



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## Vitamin Profile

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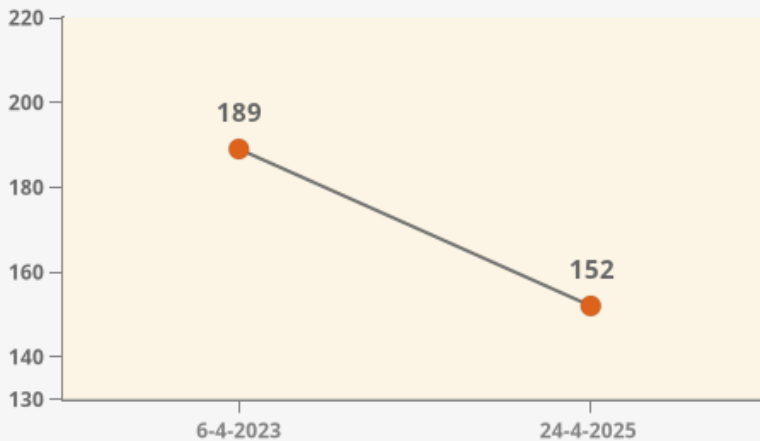
## About Vitamin Profile

Vitamins and minerals are considered essential nutrients as they perform hundreds of roles in the body. They help maintain bones, heal wounds, and strengthen your immune system. They also convert food into energy, and repair cellular damage.

## Your results

**Vitamin B12: 152** pg/mL

● LOW



○ Vitamin B12, also known as cyanocobalamin, is water soluble vitamin that is required for the maturation of erythrocytes (RBCs)

### Food Sources of Vitamin B12:



ANIMAL SOURCES INCLUDE: DAIRY PRODUCTS, EGGS, FISH, MEAT, AND POULTRY.



FISH, SHELLFISH, CHICKEN



EGGS, POULTRY

### Symptoms of Vitamin B12 Deficiency:



WEAKNESS, TIREDNESS, NERVE PROBLEMS LIKE NUMBNESS OR TINGLING, MUSCLE WEAKNESS, AND PROBLEMS WALKING,



HEART PALPITATIONS AND SHORTNESS OF BREATH, A SMOOTH TONGUE



CONSTIPATION, DIARRHEA, LOSS OF APPETITE, MENTAL PROBLEMS LIKE DEPRESSION, MEMORY LOSS, OR BEHAVIORAL CHANGES

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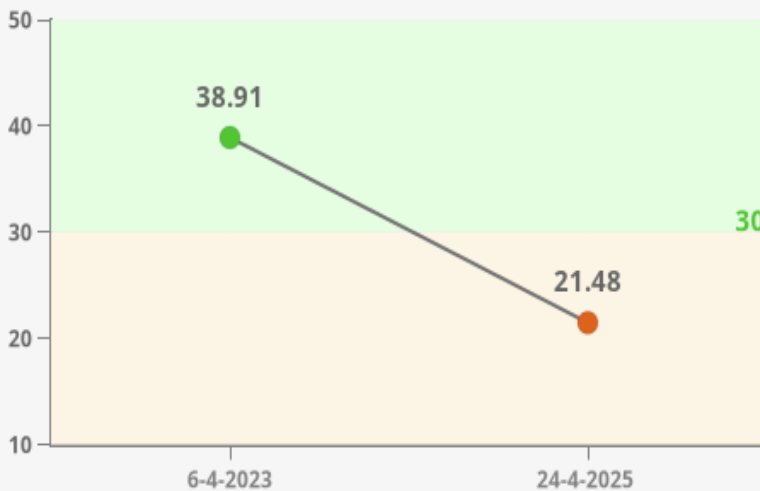
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### Vitamin D (25-Hydroxy): 21.48 ng/mL

LOW



- Vitamin D, also called "wellness vitamin" is produced endogenously through exposure of skin to sunlight, and is absorbed from foods containing or supplemented with vitamin D
- Only a few foods, primarily fish liver oils, fatty fish, egg Yolks, and liver, naturally contain significant amounts of vitamin D
- It is metabolized to its biologically active form, 1, 25 – Dihydroxyvitamin D, a hormone that regulates calcium and phosphorus metabolism

### Symptoms of vitamin D Deficiency:



DEFICIENCY MAY INCLUDE: BONE AND BACK PAIN, LOW MOOD, FATIGUE, MUSCLE PAIN, HAIR LOSS, IMPAIRED WOUND HEALING.

## Tips



**Balanced Diet-** A balanced diet can take care of all the vitamin needs of your body.



**Consult Doctor-** Consult your doctor before taking any vitamin supplements.

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*Mohini*

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## Urinalysis

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Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
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## About Complete Urine Examination

Urine routine is a group of physical, chemical and microscopic tests in a urine sample. This test is mainly done to detect and manage medical conditions like urinary tract infection, diabetes and kidney diseases.

Many disorders can be detected by identifying substances that are not normally present in urine like protein, sugar, blood, bilirubin, crystals, casts and bacteria.

On microscopy If there is an increase in white blood cells, it signifies presence of urinary tract infection.

## Your Results

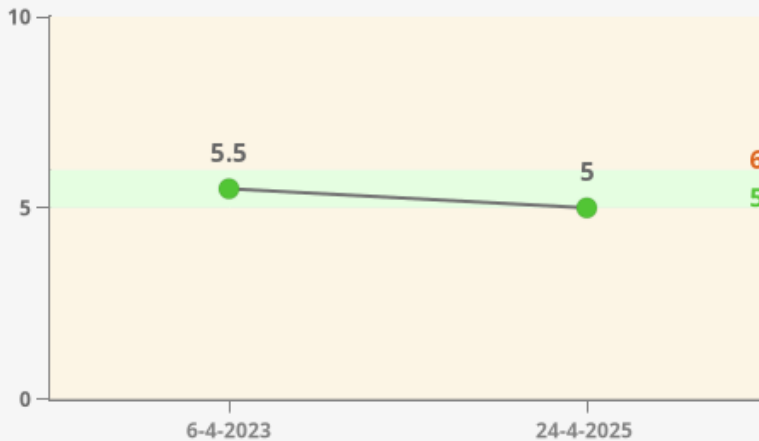
### Urine Colour: Pale Yellow

METHOD: VISUAL OBSERVATION/ AUTOMATED

● NORMAL

pH: 5.0..

● NORMAL



○ pH test checks the acidity or alkalinity of urine

○ Many diseases, diet and medicine change the pH of urine

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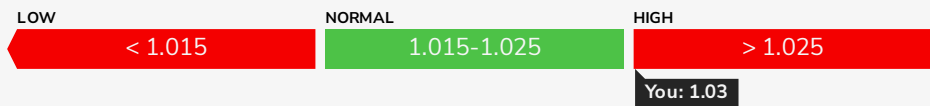


## Specific Gravity: 1.030

METHOD: PKA CHANGE

This test compares density of water to density of urine. This helps in checking how well your kidneys are diluting urine.

● HIGH



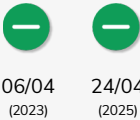
The following section contains names of chemicals that are NOT found in a healthy person's urine. (Each is an individual test performed on your sample).

Not found in your urine: ● Protein ● Ketone ● Blood ● Bilirubin ● Nitrite ● RBC ● Leukocytes ● Casts ● Crystals

Found in your urine: Nothing abnormal found

## Glucose in Urine: Neg

● NORMAL



## Epithelial Cells: 1/HPF

NORMAL ●

METHOD: LIGHT MICROSCOPY/IMAGE CAPTURE MICROSCOPY

Epithelial cells are a type of cell that form the surfaces of your body. Small amount of presence of these is normal, however high numbers indicate medical condition.

## Urobilinogen: Neg

NORMAL ●

METHOD: EHRLICH'S REACTION

Urobilinogen is formed from the reduction of bilirubin. If there is little or no urobilinogen, your liver might not be working properly. Too high urobilinogen could mean hepatitis.

## Tips



## Drink water when thirsty

This removes waste products from your system and keeps your urinary pattern stable.



## Don't wait too long to use the restroom

Otherwise, it pressurizes your urinary bladder - that can lead to infection.

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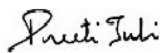
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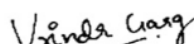
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Associate Director & Quality Manager, Pathology



Dr. Mohini Bhargava, MD  
Associate Director (Biochemistry)



Dr. Vrinda Garg, M.D.  
Associate Consultant, Pathology

Max Lab Limited (A Wholly Owned Subsidiary of Max Healthcare Institute Ltd.)

Max Super Speciality Hospital, Saket (West Block), 1, Press Enclave Road, Saket, New Delhi - 110 017, Phone: +91-11-6611 5050

(CIN No.: U85100DL2021PLC381826)

📞 Helpline No. 7982 100 200 🌐 [www.maxlab.co.in](http://www.maxlab.co.in) ✉ [feedback@maxlab.co.in](mailto:feedback@maxlab.co.in)

**Conditions of Reporting:** 1. The tests are carried out in the lab with the presumption that the specimen belongs to the patient name as identified in the bill/test request form. 2. The test results relate specifically to the sample received in the lab and are presumed to have been generated and transported per specific instructions given by the physicians/laboratory. 3. The reported results are for the information and interpretation by the referring doctor only. 4. Some tests are referred to other laboratories to provide a wider test menu to the customer. 5. Max Healthcare shall in no event be liable for accidental damages loss, or destruction of specimen which is not attributable to any direct and mala fide act or omission of Max Healthcare or its employees. Liability of Max Healthcare for deficiency of services, or other errors and omissions shall be limited to fee paid by the patient for the relevant laboratory services.





b2b7392021

## All Other Tests

Name:	Mr. Neeraj Saxena	Lab ID:	4750042500085~2	Collection Date/Time:	24/Apr/2025 12:19PM
Age/Gender:	55 Y 11 M 26 D / M	Ref Doctor:	SELF	Receiving Date:	24/Apr/2025
Max ID/Mobile:	MAXO.65129 / 9899555555	Passport No:	-	Reporting Date:	24/Apr/2025
Centre:	5466 - Max Lab Sector 93 Noida	OP/IP No:	/		

## All Other Tests

Find your remaining tests below

● Normal (N) ● Low (L) ● Borderline (BL) ● High (H) ● No Ref Range

Test Name	Result	Range
ESR (Modified Westergren) Modified (Westergren)	20 mm/hr	0 - 12
eGFR by MDRD MDRD	102.97 ml/min/1.73 m <sup>2</sup>	-
eGFR by CKD EPI 2021	103.94	-
Apo B/ Apo A1 Ratio Calculated	0.90	0.35 - 0.98
Testosterone (total) CLIA	2.72 ng/mL	1.75 - 7.81

Dr. Preeti Tuli, M.D.  
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